



INTERNATIONAL BASKETBALL CAMP TEAM 97 – NIDA 2022

Expect a lot and You'll have a better opportunity to get it

FUNDAMENTAL DEVELOPMENT PROGRAM FOR BOYS AND GIRLS

This year it is planned to separate sessions by age: 1st session - children born in 2009, 2010 and younger; 2nd session - children born in 2008, 2009 and 2010; 3rd session - children born in 2007, 2008 and older. U12, U13, U14 and U15 national basketball teams will be gathered and formed in each shift.

CAMP SESSIONS:

- 3rd – 9th July (first session)
- 10th – 16th July (second session)
- 17th – 23th July (third session)

DEVELOPING YOUNG PLAYERS:

Only 50 participants per one session will be allowed to attend in Lithuanian pearl - Nida.

The coaching staff includes high-skilled European coaches. We have 1 indoor FIBA approved court with wooden floor, 1 outdoor basketball court and 2 outdoor football/volleyball courts, the opportunity to conduct endurance training both on the beach and in the forest.

We have professional staff to prevent and take care of any accidents that may occur during the camp.

Rooms with 7-8 beds for participants and first aid room will be offered at Neringa gymnasium, Kuverto str. 12, Nida. Rooms with 2 beds for coaches will be offered at villa Zuvedra, Kuverto str. 10, Nida (<https://www.priejuros.lt/en/accommodation/zuvedra-resthouse-in-nida-88/>)

OUR MISSION:

To help boys & girls to become the best fundamentally sound basketball players that they can be through our quality instruction. We also want our players to develop into GREAT LEADERS on and off the court through our motivational training program.

All of our coaches will "teach", with the ability to communicate effectively to players.

- We will maintain an environment that is positive, encouraging, and motivating.
- We will have a ratio of 1 coach for every 8 players. This allows proper attention for players to learn perfect techniques. Our camps & clinics specializes in "skills-base" learning. Our focus is to develop a player's skills through drill repetition.
- 1 on 1, 2 on 2, 3 on 3, 4 on 4, & 5 on 5 scrimmages to practice game like situations.
- We will train players to be LEADERS on & off the court through our motivational training program.

We look forward to equipping your child with a great experience at Nida Camp.

TECHNICAL PROGRAM

Covered topics:

- Defense
- Stance and pivots
- 1v1, 2v2, 3v3, 4v4, 5v5
- Fastbreak
- Shooting
- Passing
- Dribbling
- Basketball IQ
- Physical training

In-depth skills:

- On Court Attitude and Assertiveness
- Mental Approach to the Game of Basketball
- Skill Development, Proper Fundamentals and Technique
- Individualized Drills Customized Toward Achieving Identified Goals
- Overall Conditioning Modified for Basketball
- Understanding of the Game within the Game
- Developing Confidence and Self-assurance
- Individual Defense - stance, movement, open court vs. dribble
- Individual Offense - moving without the ball, pass receiving, initial moves with the ball
- Shooting Fundamentals - including the jump shot
- Rebounding Skills - ball side and help side
- Extended Defense - help and recover, closing out, defend post and flash post
- Extended Offense - passing, receiving, perimeter, inside play
- Open Court Work - guards and forwards

WELCOME KIT:

Each participant will be provided with "The One Welcome Kit" which includes: camp jersey (full), camp certificates.

HEAD COACHING:

Coaches planning to work with kids:

- Alfredas Kaniava (V.Knašiaus basketball school, Klaipėda)
- Rolandas Rakutis ("Žalgiris" basketball school, Kaunas)
- Tomas Keršis ("Šiauliai" basketball club, Šiauliai)
- Tomas Tarasevičius (Vilnius basketball school, Vilnius)
- Laimonas Kutra („Saulė“ basketball academy, Šiauliai)
- Gintautas Regina (VKM, Vilnius)
- Darius Sirtautas („Žalgiris“, Kaunas)
- Algirdas Milonas („Sostinės“ basketball school, Vilnius)
- Arimantas Mikaločius (Kretinga basketball school, Kretinga)
- Giedrius Kurtinaitis ("Žalgiris" basketball school, Kaunas)
- Šarūnas Stanionis (National basketball academy, Kaunas)
- Paulius Malašauskas („C-Bet“, Jonava, individual coach)
- Arūnas Auga (physical training coach and physiotherapist, Šiauliai)
- 4 assistant coaches.

CAMP PRICE:

Each session if payment is made till 01.02.2022 - **EUR 440**

Attention! Special offer!

10 participants +1 coach **EUR 4400**

Each session if payment is made after 01.02.2022 - **EUR 460**

Attention! Special offer!

10 participants +1 coach **EUR 4600**

For additional fee we can meet participants in Vilnius, Kaunas or Palanga airports and to book rooms in Nida for family members.

Money return guarantee:

Till 01.02.2022 - 100%

After 01.02.2022 - 0%

For any additional information please contact:

Mr. Vaidotas Vitkauskas (English, Polish, Russian) phone: +370 657 53986,
vaidas@team97.lt

Mr. Giedrius Blockis (English, Russian) phone: +370 686 96002, giedrius@flintas.lt

VŠĮ "TEAM 97"

Enterprise code: 301540760 S. Dariaus ir S. Girėno 31A, LT-46265, Kaunas, Lithuania

Bank account No: LT30 7044 0600 0632 5995

IBAN: LT30 7044 0600 0632 5995

AB SEB bankas, Gedimino pr. 12, Vilnius;

SWIFT: CBVILT2X